

SPEECH, SWALLOWING, & VOICE SPECIALISTS OF HAWAII

***** (Mobile DSS, LLC) *****

BIRTH to 3 MONTHS MILESTONES

SPEECH & LANGUAGE MILESTONES	YES	NO
Startles at loud sounds		
Quiets or smiles when you talk		
Seems to recognize your voice and quiets if crying		
Makes cooing sounds		
Cries change for different needs		
Smiles at people		
FEEDING/SWALLOWING MILESTONES		
Roots and turns in search of nipple		
Latches onto a nipple/bottle		
Tongue moves forward and back to suck		
Drinks 2-6 ounces of liquid per feeding. 6x per day		
Sucks and swallows well during feeding		
Sucks fists		
Lip closure improving; less leakage during feeding (closer to 2+ months)		
SOCIAL/EMOTIONAL/COGNITIVE MILESTONES		
Makes eye contact		
Begins to smile at people		
Can briefly calm self (i.e., sucking on hands)		
Enjoys bath time		
Looks for parent(s)		
Coos in response to playful interaction		
Enjoys face to face interaction		
Comforted and able to calm by rocking, touching, and calm sounds		
Usually able to tolerate diaper changing without crying		
Pays attention to faces		
Begins to follow things with eyes & recognize people at a distance		
Begins to act bored (i.e.; crying, fussy) if activity doesn't change		

If you have concerns about your child, please call/email today to schedule your free 15-minute telephone consultation. We are here to help!

Phone: 808-207-8100 Email: terry@mobiledss.com

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BIRTH to 3 MONTHS MILESTONES

MOTOR & SENSORY MILESTONES	YES	NO
While lying on tummy, pushes up on arms		
While on tummy, lifts and holds head up		
Able to move fists from closed to open		
Able to bring hands to mouth		
Moves legs and arms off surface when excited		
While lying on back, visually tracks a moving toy from side to side		
While lying on back, attempts to reach for a toy held above their chest		
While lying on back, keeps head centered to watch faces or toys		
Able to calm with rocking, touching, and gentle sounds		
Enjoys a variety of movement		
Is not upset by everyday sounds		

References:

1. Arvedson JC, Brodsky L. *Pediatric Swallowing and Feeding: Assessment and Management*, 2nd ed. Albany, NY: Singular Thomson Learning 2002.
2. ASHA: www.asha.org/public/speech/development/chart/
3. CDC: www.cdc.gov/ncbddd/actearly/milestones/index.html
4. Infant and Toddler Forum: www.infantandtoddlerforum.org
5. Pathways: www.pathways.org

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