

# SPEECH, SWALLOWING, & VOICE SPECIALISTS OF HAWAII

\*\*\*\*\* (Mobile DSS, LLC) \*\*\*\*\*

## 4 to 6 MONTHS MILESTONES

SPEECH & LANGUAGE MILESTONES	YES	NO
Moves eyes in the direction of sounds		
Responds to changes in your tone of voice		
Notices toys that make sound		
Pays attention to music		
Coos & babbles when playing alone or with you		
Makes speech-like babbling sounds like <i>pa, ba, &amp; mi</i>		
Giggles & laughs		
Makes sounds when happy or upset		
FEEDING/SWALLOWING MILESTONES	YES	NO
Shows interest in food and feeding is more a social event		
Tongue movement includes small amount of up and down movement		
Watches food, reaches for food		
Opens mouth as spoon approaches (if beginning to give puree solids)		
Hands on bottle (2-4 months)		
Moves puree food from front to back (6 months)		
Begins to eat infant cereals and puree foods (6 months)		
May gag some with new textures		
Begins eating in a more upright posture		
Tooth eruption may begin (closer to 6 months and will continue until 12 months)		
Gets distracted while eating due to socialization		
SOCIAL/EMOTIONAL/COGNITIVE MILESTONES	YES	NO
Smiles spontaneously, especially at people		
Maintains eye contact with familiar people during playful interaction		
Likes to play with people and might cry when playing stops		
Knows familiar faces and begins to know if someone is a stranger		
Copies some movements & facial expressions, liking smiling or frowning		

*If you have concerns about your child, please call/email today to schedule your free 15-minute telephone consultation. We are here to help!*

Phone: 808-207-8100

Email: [terry@mobiledss.com](mailto:terry@mobiledss.com)

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SOCIAL/EMOTIONAL/COGNITIVE MILESTONES (continued)	YES	NO
Likes to play with others, especially parents		
Responds to other people's emotions and often seems happy		
Likes to look at self in a mirror		
Enjoys musical toys		
Raises hand to be picked up		
Enjoys peek-a-boo		
Vocalizing in response to playful interactions		
Able to stay calm during car rides (when not hungry or tired)		
Enjoys bath time		
Generally happy		
Lets you know if happy or sad		
Responds to affection		
Reaches for toys with one hand		
Uses hands and eyes together, such as seeing a toy and reaching for it		
Follows moving things with eyes from side to side		
Looks around at things nearby		
Brings things to mouth		
Shows curiosity about things and tries to get things that are out of reach		
Begins to pass things from one hand to the other		
Watches faces closely		
MOTOR & SENSORY MILESTONES	YES	NO
Holds head steady, unsupported		
Learning to control body against gravity		
Visual fixation and tracking		
Reaches for toys while on tummy		
While lying on back, transfers toys from one hand to the other		

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## 4 to 6 MONTHS MILESTONES

MOTOR & SENSORY MILESTONES (continued)	YES	NO
While on back, reaches both hands to play with feet		
Rolls from back to tummy and tummy to back		
Begins to sit without support; uses own hands to support self if needed		
Pushes down on legs when feet are on a hard surface		
Can hold a toy and shake it and swing at dangling toys		
Brings hands to mouth		
When lying on stomach, pushes up to elbows		
Rocks back and forth when on all fours		
Uses both hands to explore toys		
Generally happy when not hungry or tired		
Brings hands and objects to mouth		
Able to calm with rocking, touching, and gentle sounds		
Is not upset or fearful of everyday sounds, like playing with musical instruments		
Enjoys a variety of movements (i.e., being gently swung)		
Plays with toys of varied textures		

*References:*

1. Arvedson JC, Brodsky L. *Pediatric Swallowing and Feeding: Assessment and Management*, 2<sup>nd</sup> ed. Albany, NY: Singular Thomson Learning 2002.
2. ASHA: [www.asha.org/public/speech/development/chart/](http://www.asha.org/public/speech/development/chart/)
3. CDC: [www.cdc.gov/ncbddd/actearly/milestones/index.html](http://www.cdc.gov/ncbddd/actearly/milestones/index.html)
4. Infant and Toddler Forum: [www.infantandtoddlerforum.org](http://www.infantandtoddlerforum.org)
5. Pathways: [www.pathways.org](http://www.pathways.org)

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